

## Health

- Kentucky ranks 45th in the United States on the National Women's Law Center report card on women's health and well-being.
- Women in Kentucky have an average life expectancy of 78 years, compared to 78.8, the average life expectancy for women in the United States.
- Coronary heart disease is the leading cause of death for women in Kentucky, followed by lung cancer for second, stroke for third, and breast cancer for fourth.
- In the United States, Kentucky ranks last, 51st, for lung cancer death rate, number of smokers, and for days of good mental health.

## Health Insurance

- The percentage of women without health insurance in Kentucky increased from 17.8% in 2007 to 20.8% in 2010.
- 69.3% of Hispanic women in Kentucky are without health insurance, compared to 20.5% of all Caucasian women and 19.8% of all African American women with no health insurance.
- Among insurance plans that charge non-smoking women more than men smokers, non-smoking women in Kentucky's capital city were charged between 2-40% more for insurance premiums than men smokers.<sup>2</sup>
- Of the 63 individual health insurance plans available in Kentucky's capital city, 0% included comprehensive maternity coverage.<sup>2</sup>

### Did You Know?

Health insurance reform will make it illegal for insurance companies to use "gender rating"—charging women more than men for the same coverage—when national reforms are fully implemented in 2014.

## Prevention

- Kentucky ranks 45th on no leisure-time physical activity and 40th on eating five fruits and vegetables a day.
- Obesity in women has risen from 28.8% in 2007 to 30.7% in 2010, ranking Kentucky at 41st in the United States.
- The percentage of women receiving pap smears is down from 85% in 2007 to 77% in 2010.
- The percentage of women receiving annual dental visits is down from 71.4% in 2007 to 67% in 2010.

## Domestic Violence and Sexual Assault

- For the 2010 year, the Kentucky State Police recorded 1,545 instances of rape. Statistically, this means that rape was committed every 5 hours, 40 minutes.<sup>4</sup>

### Did You Know?

Kentucky has a regionalized network of 15 domestic violence shelters which offer support and assistance to victims.<sup>3</sup>

## Improvements

- The number of people in medically underserved areas in Kentucky continues to go down from 14.7% in 2004 to 13.5% in 2007 to 11.6% in 2010.
- Screenings for colorectal cancer increased from 49.7% in 2007 to 65.3% in 2010 and cholesterol screenings increased from 74.7% in 2007 to 82.2% in 2010.

### Sources

- <sup>1</sup>National Women's Law Center Health Care Report Card—[hrc.nwlc.org/states/kentucky](http://hrc.nwlc.org/states/kentucky)
- <sup>2</sup>*Still Nowhere to Turn: Insurance Companies Treat Women Like a Pre-Existing Condition*—[nwlc.org/resource/still-nowhere-turn-insurance-companies-treat-women-pre-existing-condition](http://nwlc.org/resource/still-nowhere-turn-insurance-companies-treat-women-pre-existing-condition)
- <sup>3</sup>Kentucky Domestic Violence Association—[www.kdva.org](http://www.kdva.org)
- <sup>4</sup>*Crime in Kentucky: Commonwealth of Kentucky 2010 Crime Report*—[kentuckystatepolice.org](http://kentuckystatepolice.org)